

All meals include 1/2 Pint Milk

September 2024 – HS Lunch

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 HAPPY LABOR DAY!	3 Hamburger with Mushroom Gravy Steamed Brown Rice Veggie Stir Fry Pineapple Bread	4 Egg Salad Sandwich Banana Baby Carrots	5 Macaroni and Cheese Fruit Cocktail Winter Greens Biscuit	6 Pizza Burger Baked Beans Orange Wedges
9 Chicken Teriyaki Steamed Brown Rice Fruit Cocktail Pizza Green Beans Bread	10 Hamburger Stew Steamed Brown Rice Peaches Rockin' Coleslaw Whole Grain Roll	11 Tuna Sandwich Apple Baby Carrots	12 BBQ Chicken Red Beans and Rice Mandarin Orange Green Peas and Carrots Bread	13 NO SCHOOL LUNCH
16 Shoyu Chicken Steamed Brown Rice Pears Curry Vegetables Pumpkin Muffin Square	17 Taco Salad (Beef, Cheese, Black Beans, and Lettuce) Tortilla Chips Orange Wedges Salsa	18 Chicken Patty Sandwich Apple Baby Carrots Ketchup Packet	19 Kalua Pig and Cabbage Steamed Brown Rice Oven Roasted Sweet Potatoes Pineapple Bread	20 Beef Stew Steamed Brown Rice Pineapple Whole Grain Roll
23 Chicken Luau Steamed Brown Rice Pineapple Lomi Tomato Bread	24 Spaghetti with Meat Sauce Fruit Cocktail Corn and Edamame Blend Bread	25 Sloppy Joe on a Roll Banana Celery Sticks	26 Turkey Ala King Steamed Brown Rice Peaches Cucumber Slices Bread	27 NO SCHOOL LUNCH
30 Chicken Stir Fry Steamed Brown Rice Oven Roasted Spiced Carrots Fruit Cocktail Bread				

This institution is an equal opportunity provider.

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