

All meals include 1/2 Pint Milk

October 2024 - High School Lunch

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Hamburger Steak Mashed Potatoes Peaches Baked Beans Whole Grain Roll	Ham and Cheese Sandwich Apple Minestrone Soup Mustard Packet	Chicken Nuggets Steamed Brown Rice Fruit Cocktail Broccoli Salad Ketchup Packet	Portuguese Bean Soup Steamed Brown Rice Mixed Fruit Corn Pudding
7	8	9	10	11
				
14	15	16	17	18
Chicken Teriyaki Steamed Brown Rice Fruit Cocktail Pizza Green Beans Bread	Hamburger Stew Steamed Brown Rice Peaches Rockin' Coleslaw Whole Grain Roll	Tuna Sandwich Apple Baby Carrots	BBQ Chicken Red Beans and Rice Pineapple Green Peas and Carrots Bread	Chili Con Carne Steamed Brown Rice Pears Cornbread
21	22	23	24	25
Shoyu Chicken Steamed Brown Rice Pears Curry Vegetables Pumpkin Muffin Square	Taco Salad (Beef, Cheese, Black Beans, and Lettuce) Tortilla Chips Orange Wedges Salsa	Chicken Patty Sandwich Apple Baby Carrots Ketchup Packet	Kalua Pig and Cabbage Steamed Brown Rice Oven Roasted Sweet Potatoes Pineapple	Beef Stew Steamed Brown Rice Pineapple Carrot Sticks Whole Grain Roll
28	29	30	31	
Chicken Luau Steamed Brown Rice Pineapple Lomi Tomato Bread	Spaghetti with Meat Sauce Fruit Cocktail Corn and Edamame Blend Bread	Sloppy Joe on a Roll Apple Celery Sticks	Turkey Ala King Steamed Brown Rice Pears Cucumber Slices Bread	

***This institution is an
equal opportunity
provider.***