## December 2021 Dreakfoot

Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6
WG Cereal	Pork Link Sausage	Pizza Bagel	Overnight Oats and Berries	Ham and Cheese Omelet
String Cheese	Steamed Brown Rice	Banana	Peaches	Steamed Brown Rice
Fruit Medley	Apples and Raisins	Mixed Fruit		Pineapple Tidbits and Raisins
	10	11	12	13
Yogurt and Granola	Ham Patties	apple Baked French Toast Squar	Portuguese Sausage	Breakfast Taco
Grape Juice	Steamed Brown Rice	Pears	Steamed Brown Rice	Mandarin Orange and Raisins
Peaches	Fruit Medley	Mandarin Oranges	Pineapple Tidbits	Salsa
			Orange Wedges	
6	17	18	19	20
Orange Cranberry Bread	Pork Link Sausage	Bagel with Cream Cheese	Breakfast Muffin	WG Cereal
Pears	Steamed Brown Rice	Melons	Strawberry Smoothie Bowl	String Cheese
	Fruit Medley	Raisins	Pineapple Tidbits	Peaches
				Raisins



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